

CALIFORNIA NATIVE PLANTS FOR BUTTERFLY GARDENS

| <u>Name</u> | <u>Common Name</u> | <u>Family</u> | <u>Type*</u> | <u>Comment</u> | <u>Container Garden Tips</u> |
|----------------------------------|------------------------|---------------|--------------|---|------------------------------|
| <u>Annuals</u> | | | | | |
| <i>Chaenactis glabriuscula</i> | Pincushion | Sunflower | N | winter blooming | |
| <i>Coreopsis bigelovii</i> | Bigelow Coreopsis | Sunflower | N | golden heads | |
| <i>Gilia capitata</i> | Globe Gilia | Phlox | N | pale to lt. blue-violet; Apr.-Jul.; Coast Ranges | easy; sun |
| <i>Helianthus annuus</i> | Common Sunflower | Sunflower | N | flowers from Feb. to Oct. | |
| <i>Lasthenia californica</i> | Goldfields | Sunflower | N | orange-yellow flowers; Spring; Most of CA | easy; sun |
| <i>Layia platyglossa</i> | Tidy Tips | Sunflower | N | Yellow with white tips in spring; Grassy sites | easy; sun |
| <u>Both annual and perennial</u> | | | | | |
| <i>Lupinus</i> sp. | Lupines | Pea | F | blue, red, white, or yellow | easy; sun |
| <u>Herbaceous Perennials</u> | | | | | |
| <i>Achillea</i> sp. | Yarrow | Sunflower | N | aromatic; white clusters spring to summer | easy |
| <i>Aquilegia formosa</i> | Red Columbine | Buttercup | N | red and yellow flowers late spring | afternoon shade |
| <i>Arabis</i> 'Spring Charm' | Rock-Cress | Mustard | N | petals rose-purple; may not survive summers | easy |
| <i>Artemisia</i> sp. | Sagebrush | Sunflower | F | aromatic | easy |
| <i>Asclepias</i> sp. | Milkweeds | Milkweed | F | | |
| <i>Dudleya</i> sp. | Stonecrop | Stonecrop | F | succulents | easy; afternoon shade |
| <i>Epilobium canum</i> | California Fuchsia | Even.Primrose | N | red flowers July-Nov. | |
| <i>Erigeron glaucus</i> | Seaside Daisy | Sunflower | F/N | April-August; pink or lavender | remove dead flowers |
| <i>Eriogonum</i> sp. | Buckwheat | Buckwheat | F/N | favorite of butterflies and bees | easy |
| <i>Erysimum concinnum</i> | Wallflower | Mustard | F/N | often an annuals in SoCal; Point Reyes | easy |
| <i>Heterotheca villosa</i> | Golden Aster | Sunflower | F/N | | |
| <i>Lessingia filaginifolia</i> | California Aster | Sunflower | F/N | | |
| <i>Monardella</i> sp. | Monardella | Mint | N | aromatic | afternoon shade |
| <i>Salvia</i> sp. | Sage | Mint | N | aromatic; blue or lavender spring, fall | |
| <u>Perennial Grasses</u> | | | F | various native species are good larval food | |
| <u>Shrubs</u> | | | | | |
| <i>Amorpha californica</i> | False Indigo | Pea | F | purplish flowers from May-July | |
| <i>Atriplex lentiformis</i> | Saltbush | Goosefoot | F | 3 to 9 ft. tall; widely spreading; sandy soil | |
| <i>Ceanothus</i> sp. | California Lilac | Buckthorn | F | flowers white to purple in spring; butterflies like white | |
| <i>Encelia californica</i> | California Encelia | Sunflower | F | spring flowers; sprawls and up to 4 ft. in height | |
| <i>Heteromeles arbutifolia</i> | Toyon; Christmas Berry | Rose | F | white flowers in summer; red berries in winter | |
| <i>Lotus scoparius</i> | Deerweed | Pea | F | tiny yellow flowers year round | |
| <i>Malacothamnus</i> sp. | Mallow | Mallow | F | petals yellow or orange spring to summer | |
| <i>Malosma laurina</i> | Laurel Sumac | Sumac | N | tall, leafy, evergreen shrubs; flowers in early summer | |
| <u>Trees</u> | | | | | |
| <i>Aesculus californica</i> | Buckeye | Buckeye | N | 20 to 35 ft. tall; flowers are white or pale rose | |
| <i>Platanus racemosa</i> | Western Sycamore | Sycamore | F | | regular water |
| <i>Quercus agrifolia</i> | Coast Live Oak | Beech | F | to 80 ft. tall, 50 ft. spread | |
| <i>Salix lasioides</i> | Arroyo Willow | Willow | F | | regular water |
| <u>Vines</u> | | | | | |
| <i>Lonicera subspicata</i> | Honeysuckle | Honeysuckle | F/N | clambering evergreen shrubs; yellowish flowers | |

*Butterflies need food plants (F) for caterpillars and nectar plants (N) for adults. Butterflies perch on flowers and shrubs to bask in the sun and most butterfly flowers are sun-loving. Butterflies prefer purple, pink, yellow, and white flowers. Grow groups or masses of a plant in one color, rather than single plants of different colors. Ref.: *California Butterflies* (1986) by John Garth & J. Tilden; *National Audubon Society Field Guide to California* (1998).

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